

# YOSEMITE VALLEY DAY HIKES

## **BRIDALVEIL FALL**

*Easy* - Begins at Bridalveil Fall parking lot, ½ mi./ .8 km roundtrip, 20 min. roundtrip

## **MIRROR LAKE**

*Easy* -- Begins at Mirror Lake Shuttle Stop #17, 1 mi./1.6 km to lake, ½ hour to lake

## **VALLEY FLOOR LOOP**

*Moderate* – Begin at Yosemite Falls Shuttle Stop #7, 13 mi./20.8 km full loop; 6.5 mi./10.4 km. half loop), moderate, 5 to 7 hours full loop; 2.5 to 3.5 hours half loop.

## **LOWER YOSEMITE FALL**

*Easy* -- Begins from Shuttle Stop #7, ½ mi./ .8 km, easy, 20 min. roundtrip

## **UPPER YOSEMITE FALL**

To Columbia Rock – *Strenuous* – Begin from Camp 4 campground near Shuttle Stop #8, 2 mi./3.2 km, (1,000'/300m) vertical gain, 1 to 3 hours roundtrip

To Top of Fall – *Very Strenuous* – Begin from Sunnyside Campground near Shuttle Stop #8, 7.2 mi./11.6 km, (2,700'/810m) vertical gain, 6 to 8 hours roundtrip

## **MIST TRAIL & JOHN MUIR TRAIL**

To Vernal Fall Footbridge – *Moderate* - Begin from Shuttle Stop #16, 1.4 mi./2 km roundtrip, 1 to 2 hours roundtrip

To Top of Vernal Fall – *Strenuous* – Begin from Shuttle Stop #16, 3mi./4.8 km. roundtrip, (1,000'/300m gain), 2 to 4 hours roundtrip

To Top of Nevada Fall – *Strenuous* – Begin from Shuttle Stop #16, 7 mi./11.3 km. roundtrip, (1,900'/570m gain), 6 to 8 hours roundtrip

To Top of Half Dome – *Extremely Strenuous* – Begin from Shuttle Stop # 16, 17 mi./27.4 km roundtrip, (4,800'/1,463m gain), 10 to 12 hours roundtrip

## **GLACIER POINT FOUR MILE TRAIL**

*Very Strenuous* – Begin from Southside Drive, 4.8 mi./7.6 km one way, (3,200'/960m gain), 3 to 4 hours one way

